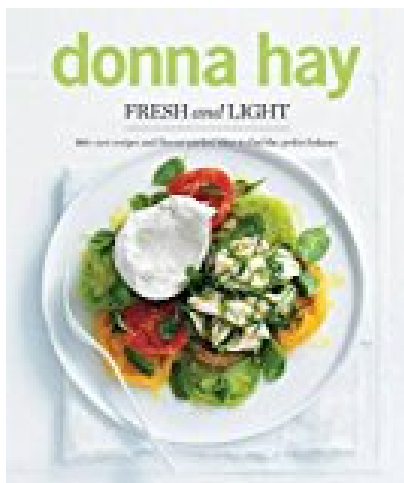


Fresh and Light



BOOK DETAILS

- Author : Donna Hay
- Pages : 208 Pages
- Publisher : HarperCollins
- Language : English
- ISBN : 0732295637



BOOK SYNOPSIS

Collects recipes that combine fresh ingredients, pantry staples, and some tricks for lighter versions of dishes, including breakfasts bars, smoothies, salads, and breads.

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